

MAPESBURY CLINIC REFERRAL SERVICE

Thank you for your enquiry and we appreciate your interest in our service.

REFERRAL & ASSESSMENT

You can refer yourself or be referred by a practitioner who knows you in a professional capacity.

At present you will probably wait about 10 weeks to be assessed. This is dependent on the availability of the assessor who speaks your language.

Although we aspire to a much shorter waiting list due to the high demand for the service and the low level of bilingual and appropriately trained counsellors and psychotherapists the whole process – referral – and assessment can take up to 16 weeks.

YOUR COMMITMENT

- You must confirm whether or not you are attending the initial assessment interview appointment **at least** five days before your scheduled appointment time.
- Regular attendance of your counselling sessions.
- If you must cancel a counselling session, we require at least 24 hr notice.

OUR COMMITMENT

We offer once a week one to one counselling session (50 min. per session) for 12 consecutive weeks.

FEE

Individual counselling session is **FREE** for asylum seekers and refugees who are destitute or on benefit or on low income. Donations are welcome, however small. If you make a donation you will be given a receipt.